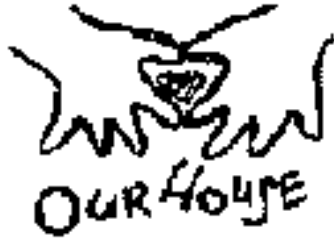


5K FOR HOPE Road Race to End Homelessness!



WALKERS WELCOME! PRIZES! WARM-UP EXERCISE! FOOD & MUSIC!

The **SOUTH DEKALB STRIDERS** present the 16th annual **5K FOR HOPE** road race benefiting **OUR HOUSE**, a child care and support center for homeless families. For more information, go to www.ourhousega.org or www.southdekalbstriders.org.

WHEN AND HOW MUCH?: SATURDAY, AUGUST 22, 2009

1 MILE - 7:30 am, \$10 (\$12 after 8/16/09) *Race day registration begins at 6:30 a.m.

5k FOR HOPE race - 8:15 am, \$20 (\$22 after 8/16/09)

WHERE?: Georgia Perimeter College, 3251 Panthersville Road, Decatur, GA 30034 (Parking lot #3 on Clifton Springs Rd).

REGISTRATION AND CONTACT?:

- 1) In-store at Big Peach Running Co through 8/19/09 at four convenient locations: Decatur, Atlanta, Kennesaw and Marietta stores (go to www.bigpeachrunningco.com for more information) OR
- 2) Online at www.active.com OR
- 3) Mail-in form below to the South DeKalb Striders (address below)

PRIZES?: Medals for 1 milers. Trophies to top 3 finishers per age group, first male and female finishers.

.....Cut along line.....

First Name	Last Name	AGE	Date of Birth	Month	Day	Year
Street Address		M F		S M L XL 2XL		
City		Sex		SHIRT SIZE ORDER:		
State				PRE-REGISTRATION		
Zip Code				<input type="checkbox"/> 5K \$20 Qty _____		
E-Mail				<input type="checkbox"/> 1 mile \$10 Qty _____		
Day Phone	Alt. Phone			\$ TOTAL: _____		

PLEASE READ THE FOLLOWING WAIVER: I know that running a road race is a potentially hazardous activity. I should not run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release South DeKalb Striders Running Club and all sponsors, their representatives, and successors from all claims of liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence of carelessness on the part of the persons named in this waiver. Rain or Shine, No Refund. I grant permission to all of the foregoing to use any photographs motion pictures, recordings, or any other record of this event for any legitimate purpose. I certify that I am 18 years of age or older, or that I am the Parent/Guardian of the entrant and am granting permission for him/her to participate.

SIGNATURE _____ DATE _____ PARENT/GUARDIAN (IF UNDER 18 YEARS) _____ DATE _____
Make Checks Payable to: South DeKalb Striders **Mail to:** South DeKalb Striders, P.O. Box 370902, Decatur, GA 30037